

### **Amendments to the Claims**

This listing of claims will replace all prior versions, and listings, of claims in the application:

Listing of Claims:

Claims 1-12. **(Cancelled)**

13. **(Currently Amended)** The method of Claim ~~12~~20, wherein the amount of (5E,7E)-(1R,2R,3R)-2-(3-hydroxypropoxy)-9,10-secocholesta-5,7,10(19)-triene-1,3,25-triol produced in the preparation after 12-month storage at room temperature under shading is suppressed to 1% or less.

Claims 14 -19. **(Cancelled)**

20. **(New)** A method of suppressing the formation of (5E,7E)-(1R,2R,3R)-2-(3-hydroxypropoxy)-9,10-secocholesta-5,7,10(19)-triene-1,3,25-triol from (5Z,7E)-(1R,2R,3R)-2-(3-hydroxypropoxy)-9,10-secocholesta-5,7,10(19)-triene-1,3,25-triol from (5Z,7E)-(1R,2R,3R)-2-(3-hydroxypropoxy)-9,10-secocholesta-5,7,10(19)-triene-1,3,25-triol in an oily preparation under shading, the preparation comprising the (5Z,7E)-(1R,2R,3R)-2-(3-hydroxypropoxy)-9,10-secocholesta-5,7,10(19)-triene-1,3,25-triol, and fat and oil, the method comprising adding dl- $\alpha$ -tocopherol to the preparation.